

**VITAMIN/METAL SALT COMPOSITIONS FOR REDUCING HAIR LOSS  
AND/OR PROMOTING HAIR REGROWTH**

**CROSS-REFERENCE TO PRIORITY APPLICATION**

[0001] This application claims priority under 35 U.S.C. § 119 of FR-00/09063, filed July 11, 2000, hereby expressly incorporated by reference.

**BACKGROUND OF THE INVENTION**

**Technical Field of the Invention:**

[0002] The present invention relates to novel compositions based on vitamins and on inorganic/organic metal salts for promoting regrowth of the hair and/or decreasing hair loss and/or improving the quality of the hair and/or promoting repigmentation thereof.

**Description of the Prior Art:**

[0003] In humans, the growth of the hair and renewal thereof are determined principally by the activity of the hair follicles. This activity is cyclical and essentially entails three phases, namely, the anagenic phase, the catagenic phase and the telogenic phase.

[0004] The active anagenic phase, or growth phase, which is several years in duration and during which the strands of hair grow longer, is followed by a very short and transient catagenic phase which is several weeks in duration, and then by a resting or quiescent phase, termed telogenic phase, which lasts a few months.

[0005] At the end of the resting period, the hair falls out and another cycle begins. The head of hair is therefore constantly renewed and, of the approximately 150,000 hairs which a head of hair contains, at each instant,

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approximately 10% of the strands of hair are at rest and will therefore be replaced in a few months.

[0006] However, various factors or causes may result in temporary or permanent hair loss.

[0007] This may be loss and modification of the hair as pregnancy comes to an end (post partum) or during conditions of undernourishment or of dietary imbalance, or during conditions of aesthenia or of hormonal dysfunction, as can be the case during menopause or conclusion thereof. It may also be loss or modifications of the hair in connection with seasonal phenomena.

[0008] This may also be alopecia which is essentially due to a disturbance or disruption in hair renewal which results, initially, in the acceleration of the frequency of the cycles at the expense of the quality of the hair and then of its amount. A progressing thinning of the head of hair occurs, caused by an effect on the follicles. Regions are preferentially affected, in particular the temporal or frontal lobes in men and, in women, a diffuse alopecia of the vertex is observed.

[0009] By the term "alopecia" is thus intended the entire family of afflictions of the hair follicle, the final consequence of which is permanent, partial or general hair loss.

[0010] This, more particularly, may be androgenic alopecia. In a considerable number of cases, early hair loss occurs in genetically predisposed individuals. This, then, is androchronogenetic alopecia, which form of alopecia is especially prevalent in men.

[0011] It is known, moreover, that certain factors, such as a hormone imbalance, physiological stress, or malnutrition, can accentuate this phenomenon.

[0012] In certain dermatoses of the scalp which are inflammatory in nature, such as, for example, psoriasis or seborrhoeic dermatitis, hair loss may be greatly accentuated or promote greatly disturbed follicle cycles.

[0013] For many years, considerable research has been conducted in the cosmetics or pharmaceutical industry, to develop compositions for suppressing or

項目	単位	数値	単位	数値	単位	数値	単位	数値
1. 総人口	人	1,234,567	2. 男性人口	人	612,345	3. 女性人口	人	622,222
4. 0歳人口	人	12,345	5. 1歳人口	人	11,234	6. 2歳人口	人	10,123
7. 3歳人口	人	9,012	8. 4歳人口	人	8,901	9. 5歳人口	人	7,890
10. 6歳人口	人	6,789	11. 7歳人口	人	5,678	12. 8歳人口	人	4,567
13. 9歳人口	人	3,456	14. 10歳人口	人	2,345	15. 11歳人口	人	1,234
16. 12歳人口	人	1,123	17. 13歳人口	人	1,012	18. 14歳人口	人	901
19. 15歳人口	人	890	20. 16歳人口	人	789	21. 17歳人口	人	678
22. 18歳人口	人	567	23. 19歳人口	人	456	24. 20歳人口	人	345
25. 21歳人口	人	234	26. 22歳人口	人	123	27. 23歳人口	人	112
28. 24歳人口	人	101	29. 25歳人口	人	90	30. 26歳人口	人	89
31. 27歳人口	人	78	32. 28歳人口	人	67	33. 29歳人口	人	56
34. 30歳人口	人	45	35. 31歳人口	人	34	36. 32歳人口	人	23
37. 33歳人口	人	12	38. 34歳人口	人	11	39. 35歳人口	人	10
40. 36歳人口	人	9	41. 37歳人口	人	8	42. 38歳人口	人	7
43. 39歳人口	人	6	44. 40歳人口	人	5	45. 41歳人口	人	4
46. 42歳人口	人	3	47. 43歳人口	人	2	48. 44歳人口	人	1
49. 45歳人口	人	1	50. 46歳人口	人	0	51. 47歳人口	人	0
52. 48歳人口	人	0	53. 49歳人口	人	0	54. 50歳人口	人	0
55. 51歳人口	人	0	56. 52歳人口	人	0	57. 53歳人口	人	0
58. 54歳人口	人	0	59. 55歳人口	人	0	60. 56歳人口	人	0
61. 57歳人口	人	0	62. 58歳人口	人	0	63. 59歳人口	人	0
64. 60歳人口	人	0	65. 61歳人口	人	0	66. 62歳人口	人	0
67. 63歳人口	人	0	68. 64歳人口	人	0	69. 65歳人口	人	0
70. 66歳人口	人	0	71. 67歳人口	人	0	72. 68歳人口	人	0
73. 69歳人口	人	0	74. 70歳人口	人	0	75. 71歳人口	人	0
76. 72歳人口	人	0	77. 73歳人口	人	0	78. 74歳人口	人	0
79. 75歳人口	人	0	80. 76歳人口	人	0	81. 77歳人口	人	0
82. 78歳人口	人	0	83. 79歳人口	人	0	84. 80歳人口	人	0
85. 81歳人口	人	0	86. 82歳人口	人	0	87. 83歳人口	人	0
88. 84歳人口	人	0	89. 85歳人口	人	0	90. 86歳人口	人	0
91. 87歳人口	人	0	92. 88歳人口	人	0	93. 89歳人口	人	0
94. 90歳人口	人	0	95. 91歳人口	人	0	96. 92歳人口	人	0
97. 93歳人口	人	0	98. 94歳人口	人	0	99. 95歳人口	人	0
100. 96歳人口	人	0	101. 97歳人口	人	0	102. 98歳人口	人	0
103. 99歳人口	人	0	104. 100歳人口	人	0	105. 101歳人口	人	0
106. 102歳人口	人	0	107. 103歳人口	人	0	108. 104歳人口	人	0
109. 105歳人口	人	0	110. 106歳人口	人	0	111. 107歳人口	人	0
112. 108歳人口	人	0	113. 109歳人口	人	0	114. 110歳人口	人	0
115. 111歳人口	人	0	116. 112歳人口	人	0	117. 113歳人口	人	0
118. 114歳人口	人	0	119. 115歳人口	人	0	120. 116歳人口	人	0
121. 117歳人口	人	0	122. 118歳人口	人	0	123. 119歳人口	人	0
124. 120歳人口	人	0	125. 121歳人口	人	0	126. 122歳人口	人	0
127. 123歳人口	人	0	128. 124歳人口					

**[0020]** No decrease in the incidence of lung cancers, after 5 years of administration, was found. (The effect of vitamin E and beta-carotene on the incidence of lung cancer and other cancers in male smokers. The alpha-

Tocopherol, beta-Carotene Cancer Prevention Study Group, N. Engl. J. Med., 330, 1029-35 (1994)).

[0021] The second study, CARET (Beta-Carotene and Retinol Efficacy Trial), conducted in the United States (Seattle), indicated a 28% increase in lung cancers with an additional 17% of deaths, and a 26% increase in deaths due to cardiovascular diseases, in the 18,314 participants (smokers and workers exposed to asbestos), with respect to the placebo group. (G.S. Omenn, G.E. Goodman, M.D. Thorquist et al., "Effects of a combination of beta-carotene and vitamin A on lung cancer and cardiovascular disease," N. Engl. J. Med., 334, 1150-5 (1996)).

[0022] These results confirmed and extended the unexpected results of the preventive study carried out in Finland. Specifically, far from being protective, as was implied by the epidemiological studies and those carried out in animals, administration/supplementation with beta-carotene may prove to be harmful.

[0023] In conclusion to these two trials, it has been suggested that the paradoxical effect of the increase in morbidity and in mortality observed is likely due to the properties of the beta-carotene and its capacity to generate oxidative stress. Thus, antioxidant agents can prove to be pro-oxidant and elicit deleterious effects.

[0024] Accordingly, no reason would appear to exist for including antioxidant compounds in compositions, particularly cosmetic compositions, for improving the aesthetic appearance of the head of hair, or for combating hair loss and/or promoting its regrowth.

#### SUMMARY OF THE INVENTION

[0025] Surprisingly, it has now unexpectedly been determined that compositions comprising vitamins and certain metal values, e.g., inorganic/organic salts, particularly vitamins eliciting an antioxidant effect,

increase the mean diameter of the strands of hair, decrease the heterogeneity of the diameters of the hairs (a symptom associated with alopecia) and increase hair density, thus reflecting regrowth.

[0026] It has also, unexpectedly, now been determined that compositions based on vitamins and on certain metal salts, particularly vitamins eliciting an antioxidant effect, induce repigmentation of the hair and thus combat whitening of the hair.

#### **DETAILED DESCRIPTION OF BEST MODE AND SPECIFIC/PREFERRED EMBODIMENTS OF THE INVENTION**

[0027] More particularly according to the present invention, by the expression "heterogeneity of the diameters of the hairs" is intended a great variation in the diameters of the hairs over the same region of the scalp, some hairs having a physiological diameter and others having, in the immediate vicinity of these hairs, a decreased diameter (fine hairs). Thus, the term "decrease the heterogeneity of the diameters" is intended to connote an increase in the diameter of the fine hairs.

[0028] By the expression "increase hair density" is intended to increase the number of hairs per cm<sup>2</sup> of scalp.

[0029] And by the expression "improve the quality of the hair" is intended to improve the general appearance and/or the sheen and/or the ability to style the head of hair.

[0030] Thus, the present invention features compositions comprising at least a mixture of vitamin A, vitamin E, vitamin C, and zinc and selenium values, to promote regrowth of the hair and/or retard hair loss.

[0031] The present invention also features compositions comprising admixture of vitamin A, vitamin E, vitamin C, zinc and selenium, for increasing the mean diameter of the strands of hair.

**[0041]** Consistent herewith, the zinc is advantageously in the form of zinc gluconate, zinc oxide, zinc sulfate or zinc chloride. Similarly, the iron is advantageously in the form of ferrous fumarate, ferrous sulfate or ferrous chloride, the magnesium in the form of magnesium oxide, the copper in the form

of copper oxide or copper gluconate, and the manganese in the form of manganese chloride or manganese sulfate. The selenium is advantageously in inorganic state, such as sodium selenite, or in organic state, such as selenocysteine, or in the form of selenoyeast.

[0042] The compositions of the invention preferably comprise admixture of zinc and selenium values, for example intimate admixture of zinc sulfate and sodium selenite.

[0043] The amount of each of the elements of the subject compositions depends, of course, on the desired effect, and may vary over wide limits.

[0044] According to the invention, the subject compositions advantageously comprise vitamin A in an amount ranging from 0.1 mg to 3 mg, preferably from 0.5 mg to 1.5 mg, vitamin C in an amount ranging from 50 mg to 240 mg, preferably from 100 mg to 140 mg, vitamin E in an amount ranging from 10 mg to 60 mg, preferably from 40 mg to 50 mg, zinc in an amount ranging from 10 mg to 40 mg, preferably from 15 mg to 25 mg, and selenium in an amount ranging from 40  $\mu$ g to 150  $\mu$ g, preferably from 70  $\mu$ g to 120  $\mu$ g.

[0045] When the vitamin A is in the form of beta-carotene equivalent, the composition advantageously comprises from 0.6 mg to 18 mg of beta-carotene, and preferably from 3 mg to 4.5 mg.

[0046] A very preferred composition of the invention comprises 1 mg of vitamin A (or 6 mg of beta-carotene), 120 mg of vitamin C, 30 mg of vitamin E, 20 mg of zinc and 100  $\mu$ g of selenium.

[0047] The compositions of the invention may also comprise B vitamins and/or iron and/or magnesium, copper and manganese. The subject compositions may also comprise other antioxidant active agents, such as superoxide dismutases (SODs), catalases, peroxidases (for example glutathione peroxidase) and/or synthetic molecules or associations exhibiting enzymatic activities which mimic these enzymes (for example manganese or copper complexes with an SOD-like





**EXAMPLE 1:**

**[0061]** Soft capsules:

Soya bean oil	40 mg
Wheatgerm oil	85 mg
Soya bean lecithins	25 mg
Vitamin A	1 mg
Vitamin C	120 mg
Vitamin E	30 mg
Zinc	20 mg
Selenium	100 $\mu$ g

**EXAMPLE 2:**

**[0062]** Soft capsules:

Soya bean oil	40 mg
Wheatgerm oil	85 mg
Soya bean lecithins	25 mg
Beta-carotene	6 mg
Vitamin C	120 mg
Vitamin E	30 mg
Zinc	20 mg
Selenium	100 $\mu$ g

**EXAMPLE 3:**

**[0063]** Soft capsules:

Soya bean oil	40 mg
Wheatgerm oil	85 mg
Soya bean lecithins	25 mg

Vitamin A	1 mg
Vitamin C	120 mg
Vitamin E	30 mg
Zinc	20 mg
Selenium	100 $\mu$ g
Manganese	5 mg

**EXAMPLE 4:**

[0064] Anti-hair-loss lotion packaged in 10 ml vials:

Vitamin A	1 mg
Vitamin C	120 mg
Vitamin E	30 mg
Zinc	20 mg
Selenium	100 $\mu$ g

solubilized in 100 ml of a mixture of:

Fructose	0.22 %	
Glucose	0.04 %	
Urea	0.06 %	
NaCl	0.50 %	
Polyethylene glycol	0.25 %	
Lactic acid	0.05 %	
Potassium hydroxide	qs	pH = 7.5
Water/ethyl alcohol, 31 % by weight	qs for	100.00 %

**EXAMPLE 5:**

[0065] Anti-hair-loss lotion packaged in 10 ml vials:

Beta-carotene	6 mg
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Vitamin C	120 mg
Vitamin E	30 mg
Zinc	20 mg
Selenium	100 $\mu$ g

solubilized in 100 ml of a mixture of:

Fructose	0.22%
Glucose	0.04%
Urea	0.06%
NaCl	0.50%
Polyethylene glycol	0.25%
Lactic acid	0.05%
Potassium hydroxide	qs      pH = 7.5
Water/ethyl alcohol, 31 % by weight	qs for      100.00%

[0066] While the invention has been described in terms of various specific and preferred embodiments, the skilled artisan will appreciate that various modifications, substitutions, omissions, and changes may be made without departing from the spirit thereof. Accordingly, it is intended that the scope of the present invention be limited solely by the scope of the following claims, including equivalents thereof.